

# JumpStart Orientation Programme

[JumpStart 2024 | University of Canterbury](#)

	Day 1, February 13	Day 2, February 14
9:00	<p><b>Sign in!</b> Meet UC teams over kai.</p>	Mix and mingle with UC Māori, Pacific, and International teams.
9:20	<p><b>Mihi Whakatau   Welcome to JumpStart</b> Keynote: Julie Mackey</p>	<p><b>Morning Warm-up and Kahoot</b> - UC Māori</p>
9:40	<p><b>Academic Edge Workshop</b> Academic Skills, Assistive Technology, and Accessibility teams.</p>	<b>UC Digital Literacy and Careers Workshops</b>
10:30	<p><b>Caring for your Wellbeing</b> Wellbeing and Navigators at UC.</p>	<b>Health Centre and Rec Centre</b>
11:00	<p><b>Kaitoko</b> Our Kaitoko help you to navigate UC and achieve your study goals.</p>	<p><b>Interest Group Session</b> Meet people with common interests and plan how to connect throughout term one. Small group icebreaker/activity will run within these groups.</p>
11:30	<p><b>Meet your Faculty Kai (provided)</b> Get to know staff, key locations, and participate in an activity led by our Kaitaki Ākonga. <i>Activity-</i> create a mascot or banner for your faculty.</p>	
12:00		
12:30		<p><b>Kai (provided)</b> Optional activities and games during lunch.</p>
13:00	<p><b>Mascot Parade</b> Loudest support for the costume or banner wins!</p>	<p><b>Social Connections / SVA Activation</b></p> <p><i>Pick one of the below:</i></p> <ul style="list-style-type: none"> <li>SVA, Community Garden (max 40).</li> <li>Makerspace (max 24).</li> </ul>
13:30	<p><b>PALS   Peer Assisted Learning Support</b></p>	

14:00	<p align="center"><b>UCSA Welfare and Advocacy</b></p>	<ul style="list-style-type: none"> <li>• Board games and activities in the Undercroft.</li> <li>• Deans Bush walking trail.</li> <li>• Swimming at Jellie Park.</li> <li>• Large group activities on C-block lawn.</li> </ul>
14:30	<p align="center"><b>Amazing Race</b></p> <p>Introducing students to UC campus in a fun and competitive way.</p>	
15:30		<p align="center"><b>Karakia and formal closing</b></p> <p align="center"><i>BBQ, music, and outdoor games.</i></p>
16:00	<p align="center"><b>Karakia</b></p> <p>Sign up for social connection groups or service tomorrow if you haven't already.</p>	