



Academic Advice to help with study plans, and programme requirements

Kaitoko | First Year Student Advisors
<https://www.canterbury.ac.nz/study/study-support-info/study-support/student-advisors/advisors-first-year-students>

Kaiurungi | Māori Student Advisors
<https://www.canterbury.ac.nz/life/support-and-wellbeing/uc-support-services/ka-waimaero>

Kaitohutohu | Student Advisor for continuing students
<https://www.canterbury.ac.nz/study/study-support-info/study-support/student-advisors/advisors-continuing-students>

Kaiurungi Pasifika | Pacific Student Advisors
www.canterbury.ac.nz/support/pasifika/pacific-development-team



Academic Support

To help strengthen study skills, time management and academic writing

Te Pokapū Pūkenga Ako | Academic Skills Centre
ph: 03 369 3900
www.canterbury.ac.nz/support/asc

PALS (Peer Assisted Learning Sessions)
<https://www.canterbury.ac.nz/about-uc/what-we-do/teaching/kia-angitu/pals>

UC Support and Wellbeing Hub

For support with your studies, mental wellbeing, health and finances. Please get in touch, we're here to help!



Accessibility Support

Individualised support consistent with full inclusion

Te Ratonga Whaikaha | Student Accessibility Service
ph: 03 369 3334
www.canterbury.ac.nz/accessibility



Advocacy & Welfare

Independent advice for University processes and financial assistance

Student Advocates at Te Rōpū Ākonga o Te Whare Wānanga o Waitaha | University of Canterbury Students' Association (UCSA):
Ph: 03 369 0555
<https://ucsa.org.nz/support/>



Health Support

for GP and Counselling services

Te Whare Hauora | UC Health Centre
ph: 03 364 2402
www.canterbury.ac.nz/healthcentre



Wellbeing Support

Need to talk to someone for Pastoral Care or general support

Atawhai Ākonga | Student Care
ph: 03 369 3388
www.canterbury.ac.nz/support/needtotalk

Kairuruku Ranga Āniwaniwa | Rainbow Advisor
<https://www.canterbury.ac.nz/support/get-support/lgbtqi/get-support/>

