

Cyber Security

• Identify • Stop • Report



What is a cyber security incident?

A cyber security incident is when something goes wrong with the computer systems that could put our information at risk.

It could be someone getting into our systems without permission or changing things on our computers without us knowing.

Phishing emails and hacking are common cyber security breaches.

- Phishing attempts occur across various platforms such as emails, calls, texts, social media and in-person encounters.
- Scammers often use social engineering to exploit human emotions. They use techniques such as fear, urgency, greed, authority and curiosity to manipulate their victims into making impulsive decisions.

If you see or suspect a cyber security incident

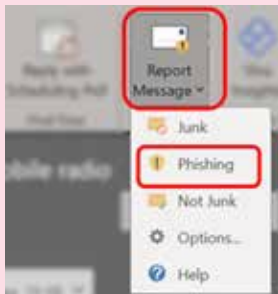
 **Immediately DIAL the UC Service Desk 03 369 5000 OR 0508 UC IT HELP**

- ✓ Explain you suspect a cyber security incident has, or is, occurring.

If you've received a suspicious email (phishing)

1 Report. If you're using Microsoft Outlook

- ✓ Click the "Report Message" button in your Outlook tab (see figure below), because this will send an alert to UC Cyber Security Monitoring Systems.



An example of the "Report Message" as Phishing on Outlook.

2 If you are NOT using Outlook

- ✓ Drag and drop the email onto a NEW email.
- ✓ Send the email to: report-phishing@canterbury.ac.nz

3 If in doubt, DIAL the UC Service Desk 03 369 5000 immediately OR 0508 UC IT HELP

4 Check steps 1 and 2 are completed BEFORE deleting the email

- ✓ Talk to your friends and colleagues about the email so they are informed.

Simple cyber security steps

- 1 Use strong passwords, not simple and repeated passwords.
- 2 Use UC's free password manager.

Scan here to install.



- 3 Use multi-factor authentication everywhere.
- 4 Turn on auto-updates for all your devices.
- 5 Save the UC Service Desk number to your phone.



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