WINNERS! 2023 Group Fitness Challenge is complete!

UC Rec & Sport <noreply@mywellness.com>

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To:Viv Wong <viv.wong@canterbury.ac.nz>







Kia ora koutou, Wow, can you believe the 2023 Group Fitness Challenge is officially complete?!

What a way to finish it off with a bang in last week's FINALE MEGA CLASS - absolutely **loved the Barbie vibes** everyone brought in both dress-up and spirit! Pictures below :D

We miss seeing you come up and visit us, but we're so pleased to see many of you continue to come along to class!

We have had such an amazing time with you all over the past 20 weeks. It's been incredible watching you all **get fitter and** stronger, try new things, make new friends and grow in confidence as you worked your way through your diary.

The theme classes have come with all the vibes - and long may they continue, even without the GFC! Thank you and kia ora for giving it your all: you should all be incredibly proud of your

effort, and most importantly, we hope you had fun!



CONGRATULATIONS!

GFC FINISHERS DRAW: (50 stamps incl. full front page grid)

2x \$200 Mobil Fuel Gift Cards



WINNERS:

Tasmin Barnett

(Pump instructor Gemma presenting her prize here!)

Maritess Pagaduan

(who amazingly finished the Challenge in just 12 weeks as busy post-grad study season beckoned! Wahoo!)







GFC TOP EFFORT DRAW:

(25+ stamps incl. full front page grid)

Technogym Home Gym Prize Pack

WINNER:

• Lesley Campbell

(SuperCircuit & HIIT30 instructor Gary presenting her prize here!)



FINALE MEGA CLASS



Thanks to all who came along to celebrate the last 20 weeks with this



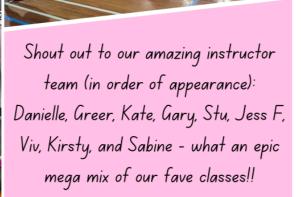
EPIC Finale Mega Class!

So many great Barbie and Kens out there
- we hope you loved it as much as we
loved teaching to our amazing members!

PHINESS CHALLENGE 202



GROUP FITNESS CHALLENGE





Best Dressed:

Paul Eagles - *iconic beach Ken* Rebekah Share

- Barbie-fied hair and all!











2023 GROUP FITNESS CHALLENGE FINISHERS Lena Sugar Alice Tiso Qiannuo (Susan) Wang Lera (Valeriya) Protasova Arabella Lay Rachel Rogers Brendan Bycroft Lesley Campbell Rebekah Share

Campbell Botting Lilly van Keulen Catherine Hair Lisan Peters Charlotte Ward Liyuan Pan Diane Wills Loretta Steele

Maritess Pagaduan Ella Dougherty Hannah Smith Matilda Panchaud Hao Zhou Megan Pettigrew

lade Shutte Megoe Chen Jadyn Thompson Michelle Klein

Naomi Holland Jenny Fisher Olivia Lake Jeremy Law

Katherine McGeorge Paul Eagles Kongting Lee Peng Dong

Rosie Pagel Sam Chittenden Stephanie Smith Tammy Yeow Tasmin Barnett Teddy Yeow Tiegan Miller

Viv Pan (twice!) Wendy Lim Yalini Syndralingam

Yu (Julie) Li

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Te Ratonga Hākinakina

for donating Big thanks to the Completion prizes: \$400 worth of fuel gift cards!

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